Peace Camp
A social emotional learning program for children ages 4 - 14

2019 Camp Guide
Who We Are

Little Friends For Peace (LFFP) is a nonprofit committed to answering violence with skills for peace. LFFP’s mission is to counter violence and contribute to a worldwide culture of peace by sharing skills to prevent, resolve, and transform conflict with individuals, families, teams, and communities. We hope to empower children and adults to build relationships through empathy and to solve struggles nonviolently through compassion and mindfulness. LFFP believes peace starts within: the more we practice personal peace, the more peace there will be in the world.

Our Mission

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Our Vision

Our vision is the Beloved Community, a world where relationships are based on respect and acceptance, conflicts end in reconciliation, and everyone is safe, cared for and able to realize their unique potential.

What We Do

We started with our Peace Camps almost 40 years ago, but now LFFP offers various programs for children, youth and adults to experience, learn, and practice peace. These include: peace workshops, peace camps, in-school and after-school programs, prison and restorative justice circles, peaceful parenting workshops, service projects, and the LFFP Peace Academy for conflict resolution training.

Darkness cannot drive out darkness; only light can do that.
Hate cannot drive out hate; only love can do that.”

- Dr. Martin Luther King
About Peace Camp

Peace Camp is a social emotional learning program for children ages 4 - 14. Peace Camp offers campers the opportunity to explore cooperation and conflict resolution in a safe and supportive environment that encourages critical thinking and cultivates compassion. Campers are taught skills to deal with their problems in a peaceful manner and are encouraged to come up with their own creative solutions to the problems they see at camp, at home, at school, and in the world.

A Day at Peace Camp

Every day, Peace Camp starts and ends with Large Group, where the day’s theme and lesson is introduced. Large Group is also a time for campers to share their talents, the skills they are learning, and their experiences during the week.

Throughout the day, campers rotate between activities such as:

- Art
- Cooperative Games
- Music
- Dance
- Nature
- Storytelling
- Special Guests

By the end of camp children have learned how to appreciate themselves, treasure diversity and their new friends, express anger safely, and use new skills to solve conflicts.
Peace Camp has always been about creating inclusive environments where campers, counselors and staff can experience, learn, and practice peace in ways our culture may not facilitate.

This year, we are emphasizing the need for including others in our own personal journeys of peace. While peace is defined differently by each individual, Peace Circles and sharing allow us to connect with others and foster communities of hope, healing, compassion, and empathy. Peace Camp not only allows participants to explore methods of maintaining their own personal wellbeing but also shows them ways that they can be peace leaders in their world and include others on their path to peace.
Unitarian Universalist Church of Arlington
4444 Arlington Blvd, Arlington, VA
Session One: June 24-28
Price: $325
Session Two: July 1-5
(No camp July 4th)
Price: $275

Cheverly
2801 Cheverly Ave, Cheverly, MD
July 22 - 26
9:00 a.m. - 1:30 p.m.
Price: $250

Saint Camillus
Silver Spring, MD
July 29 - August 2
9:00 a.m. - 3:00 p.m.
This is a closed site for parishioners of St. Camillus. Please contact the parish office if you are interested in registering.

Christ Congregational Church
9525 Colesville Road,
Silver Spring, MD
August 5 - 9
9:00 a.m. - 3:00 p.m.
Price: $275

Mount Rainier
Mt Rainier, MD
(Location TBD)
9:00 a.m. - 3:00 p.m.
August 19 - 23
Price: $275
Camper Programs

**Camper (Ages 4-9)**
Campers are assigned by age to a team of eight to twelve children. These teams rotate through activities that give them the opportunity to apply the peacebuilding and conflict resolution skills they are learning.

**Junior Counselor in Training - JCIT (Ages 10 - 11)**
JCITs form their own team and have a similar schedule to younger peace campers, but work to explore peace on a deeper level, and engage in community-based projects and thinking. If they choose, JCITs also have the opportunity to be peace leaders at camp by helping younger campers with activities, modeling peace tools, and learning new skills that will help them if they go on to become CITs.

**Counselor in Training - CIT (Ages 12-14)**
The CIT program is an opportunity for older campers who want to continue their peace education and begin the transition into being a Counselor. Each CIT is assigned to a camper team or activity station. CITs work alongside experienced counselors and have the opportunity to help campers one on one as well as lead small subgroups of two to three campers.

They also meet as a group to build leadership skills, learn about diverse issues in our society, and brainstorm solutions to real-world problems.
Peace Camp is an opportunity for staff and volunteers, as well as campers to explore peace and have fun! We have positions available for summer interns, junior counselors (15+), and volunteer counselors (18+).

While the majority of our positions are unpaid, they provide an excellent way to engage in community service, develop leadership skills, gain more experience working with children, and develop tools for your own inner peace and wellbeing.

For more information on available volunteer and staff opportunities, visit www.lffp.org!

Registration and Contact Information

To register or learn more about camp, visit www.lffp.org!

For more information or questions, please contact us at
Email: peacecamp@lffp.org
Phone: 240-838-4549

We hope to see you at camp this year!